



Impact Report 2023



Duke HomeCare & Hospice

Follow us on Facebook @ **Duke HomeCare & Hospice**.



Dear Friends and Supporters of Duke HomeCare, Hospice, Infusion and Caregiver Support,

I wish to express my profound gratitude for your unwavering dedication to Duke HomeCare & Hospice. Your shared passion for the well-being of the most vulnerable members of our communities has been a driving force behind our endeavors. Our organization is united by a shared commitment to providing compassionate care and unwavering support to those who need it most. With your support, we have achieved remarkable milestones and extended our reach in ways that have touched hearts and transformed lives.

Your generosity has powered the expansion of our patient assistance fund, a pivotal step in addressing the pressing needs of the underserved in our community. This fund, which has become a lifeline for individuals and families facing challenging circumstances, enables community members to access necessities and regain a sense of stability and hope. Thanks to your support, we are actively working to uplift those in need, helping to create a stronger, more resilient community for all.

We are excited to share the resurgence of our in-person camp, ReLEAF—a beacon of joy and healing for children who have experienced the profound loss of a loved one. This transformative program, made possible by your belief in our vision, creates a safe and nurturing space where these young people can find solace, connect with peers who share similar experiences, and embark on a path of healing and growth.

In the pages of this impact report, you'll share in the remarkable journey we've undertaken this year, fueled by our resolute commitment to advancing home-based care programs. As the curtains closed on our fiscal year on June 30, 2023, we celebrated a consistent daily outreach that exceeded 2,000 total patients—an undeniable testament to our collective dedication. Notably, our care touched the lives of nearly 9,540 patients and their families throughout this period.

No words are sufficient to express how much we value you but I'll end with just two—thank you.

With heartfelt appreciation,

J. Cooper Linton

J. Cooper Linton, MBA, MSHA
Associate Vice President



Give the gift
of comfort

View our donor listing and find more
information about how you can help at
www.GiveToDukeAtHome.org

Children's Report



Children's programming is an integral part of **Duke Hospice Bereavement Services**. This year, our team facilitated support groups for grieving middle schoolers in four schools. During the six-week sessions, students came together to explore grief while meeting others who have also experienced loss. ReLEAF Connections—our monthly support program for children in Kindergarten through eighth grade who are grieving the death of a loved one—included 17 participants who enjoyed pizza and monthly themed activities.

Camp ReLEAF

Children ranging from 5 to 14 years old participated in the 30th annual **Camp ReLEAF**. Held in April, this event brought together campers mourning a loss. This year, a new activity allowed campers to use art to explore their feelings. By swirling together different colors—each representing a different feeling—the youngsters created marble prints representing the mix of feelings that grief brings.

Our thanks to the many community members who helped make Camp ReLEAF possible. Carolina Meadows volunteers cooked a delicious dinner and provided snacks for hungry campers and volunteers. Duke Auxiliary purchased bags, water bottles, journals, and t-shirts for each camper while Project Linus donated comfy blankets to our youngest campers. Individual donors supported scholarships for campers unable to afford the nominal registration fee.

Volunteers are the heartbeat of the camp. They dedicated time to attend both training and camp itself. They ensured campers were well cared for, by developing relationships and supporting each camper's individual needs. Our volunteers led activities that addressed grief topics in an enjoyable way and worked behind the scenes to make sure everything ran smoothly.

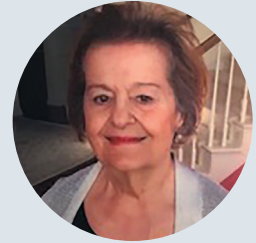
Thank you to all who help us make these programs possible in supporting grieving children throughout our community.

Save the Date

- ▶ **December 6, 2023**
Lights of Remembrance Service
on the grounds of the Teer House
- ▶ **June 1, 2024**
Duke Hospice Gala
Washington Duke Inn
- ▶ **August 10, 2024**
Service of Remembrance
Goodson Chapel, Duke Divinity School
- ▶ **September 5, 2024**
Duke Caregiver Community Event
Sheraton Imperial Hotel

A life
well
lived.

A life well lived. That's the title of the obituary of Amal "Melo" Sadaka Fekrat. Melo, who was also known as Ms. Smile, was a constant nurturer whose boundless love, unselfish giving, graciousness, and elegance left a lasting mark, even after her passing in 2022.



Melo met the love of her life, Michael, in 1958, when they were students at the American University of Beirut. After graduating, they moved to the United States. "We wanted the American Dream: life, liberty, and the pursuit of happiness," says Michael. Melo became a successful real estate agent and broker in the Washington, DC area. She was also an involved mom to their two children. Her love of family propelled Michael and Melo to move to the Triangle 20 years ago to be closer to their daughter and her family.

Michael became Melo's primary caregiver after her dementia diagnosis years later. "When we married more than 60 years ago, I made a promise to take care of her," says Michael. "I was committed to living up to that promise."

For the first few years of Melo's illness, Michael cared for her at home with the support of his daughter and her family. At the end of 2021, the family invited Duke HomeCare & Hospice (DHCH) to begin weekly home nursing visits. In the two months before Melo's passing, those visits were supplemented by DHCH home health aides and chaplain.

Michael also benefited from DHCH's bereavement services. "Being able to talk about my concerns and have a professional respond was really valuable," he says.

"I couldn't have asked for anything better than Duke HomeCare & Hospice," says Michael. "Each component of the help and support from beginning to the end was excellent and more than I could have ever expected. We were fortunate to have had that experience and support at our time of need. I am grateful that Melo is still alive in our minds and hearts."

"Without the support of Duke HomeCare & Hospice, I would not have been able to have her pass at home, which was important to both of us."

—Michael Fekrat

Read more of our patients' stories at
givetodukeathome.org/stories

Duke HomeCare & Hospice By The Numbers

376

Total Team Members

376 Active Employees
(Full-time, Part-Time, PRN)



27.8

Pharmacists and
Techs (FTEs)



Dedicated Time

24 Hours
7 Days a Week



5,504,220

Ounces of Medicines
Compounded

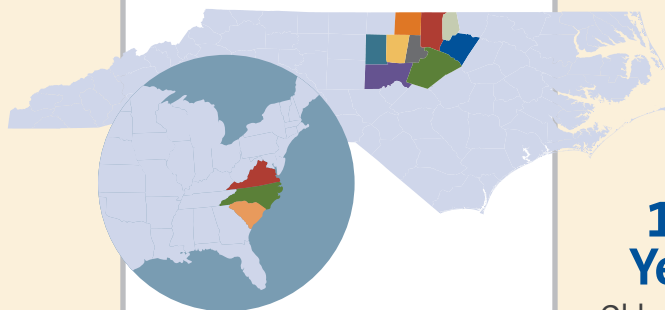
(If you think of that in
8-ounce servings, that
would fill 668,028 glasses.)

Geographic Footprint

3 States (Infusion)

9 Counties

(Home Health & Hospice)



3,130,215

Miles Driven by Team
Members in a Year
(Equates to 125 trips
around the Earth.)



111,978

Patients Visited
in a Year



Duke HomeCare & Hospice

9,540

Patients Served/Year

603 Children
8,937 adults



102 Years

Oldest Patient

54 Days

Youngest Patient



2,842

People Supported
in Bereavement Programs



1,630

Registrants at 2022
Duke Caregiver Community
Virtual Event

427

Registrants at
In-Person Event

1466

Caregiver
Contacts



Duke HomeCare & Hospice

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www.GiveToDukeAtHome.org



Impact
Report
2023

Duke Homecare & Hospice Directors

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